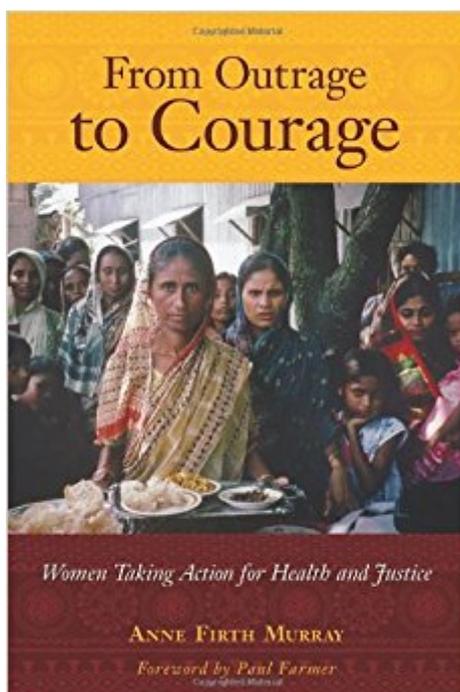


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# From Outrage To Courage: Women Taking Action For Health And Justice



## Synopsis

From sex-selective abortions to millions of girls who are "disappeared," from 90 million girls who do not go to school to HIV/AIDS spreading fastest among adolescent girls, women face unique health challenges, writes Anne Firth Murray. In this searing cradle-to-grave review, Murray tackles health issues from prenatal care to challenges faced by aging women. Looking at how gender inequality affects basic nutrition, Murray makes clear the issues are political more than they are medical. In an inspiring look, *From Outrage to Courage* shows how women are organizing the world over.

Women's courage to transform their situations and communities provides inspiration and models for change. From China to India, from Indonesia to Kenya, Anne Firth Murray takes readers on a whirlwind tour of devastation and resistance.

## Book Information

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## Customer Reviews

This is a beautifully written account of the issues and challenges women throughout the world face to redress inadequate health care, educational deficiencies, cultural biases, poverty, underemployment, domestic violence, victimization during war, and age discrimination. Most important, with determined compassion, it makes the often invisibility of these issues visible and specific. The very first chapter gracefully introduces the reader to the notion that health care is a human right; and that we cannot separate human rights from women's rights. "From Outrage to Courage" is not a weighty, dreary polemical tome. It is a warmly written, feisty, sensitive and insightful page turner, replete with heart stopping case studies and stories supported by clear

documentation. Each chapter opens with a moving poem. The book also describes the innovative activities women, from youth to old age, are employing with optimism, courage, strength and effective networking (often on a global level) to improve their own lives. This book is a must read for everyone, men and women, interested in humanitarian issues, global health care, multi-disciplinary approaches to resolving world problems, and women's studies. It also makes a great book club book, and Oprah, among others, should promote it. Author Anne Murray is founder of the Global Fund for Women and teaches at Stanford. She has the credentials and demonstrated vision to write a remarkable book and call for action. I loved this book and would welcome the thoughts of others.

"From Outrage to Courage" is a book not to be placed on the shelf, but rather one to be read and discussed by citizens of all ages and backgrounds. Anne Firth Murray's writing inspires both women and men, teachers and students to confront the outrageous reality of the inequalities some women face all over the world today. Her tone is honest and wise, appropriately critical yet endlessly compassionate. Each chapter starts with a carefully selected poem presenting the often timeless struggle that women have faced demanding gender equality, human rights representation, appropriate health care, and education. In the text, each issue is presented both inspiring the outrage that injustices demand as well as showing the courage some women have found to stand up and face these injustices through specific activism and the development of wonderful organizations all over the world. Reading Ann Firth Murray's testament to "women taking action for health and justice" inspires us all to stand up from the everyday-ness of our lives and be willing to work towards change. "From Outrage to Courage" is full of hope that, although staggering inequalities for women continue to be present everyday, though the courage of individual women to act on the small scale, systemic change can be made.

"From Outrage to Courage" is a remarkable book that should be a must-read for all of us. Beautifully written and extremely well-researched, Anne Firth Murray takes you on a journey into the challenges and inequalities faced by women throughout our world. This book is filled with many important facts and figures, providing a specific context within which we can better understand the enormity of this situation. One of my favorite aspects of the book is the way in which Anne is able to weave in personal stories of women with whom she has met and spoken. These examples provide an identity and a face for the millions of women and girls living in oppressive, violent, and unequal situations. It is impossible to read this book and not become emotionally invested. However, though much of the information is horrifying, the overall feel of "From Outrage to Courage" is that of hope

and perseverance. Every chapter contains information about specific groups throughout the world that are working to combat the challenges discussed. You finish this book with the understanding that we can all do something to help, no matter how small or how large our gestures may seem. I truly loved "From Outrage to Courage", and I will be sharing it with as many people as possible!

I read portions of this book for an online class taught by the author. I wish I had been able to purchase the updated second version, but... The book and the course present shocking stories of women around the world; their access, or lack thereof, to healthcare, sex trafficking, education, inability to control their own lives, to own property, and the abuse they suffer. It's not pretty or sugar coated, nor is it exaggerated. I knew this occurred, but here it is in print, not just word of mouth. If you are a woman (or a man, in many instances -- take former President Carter who has just released a book on these subjects), it will make you angry, as it should, and, hopefully, help to convince you to participate in change. It's the latter that you should come to in the end.

From Outrage to Courage: Women Taking Action for Health and Justice Anne Firth Murray's latest book, From Outrage to Courage, is a comprehensively researched work that examines critical issues of global health and justice concerning woman. The book reflects a lifetime of action and research by one of the world's leading activists in the area of health and women's rights, and is a clarion and inspiring call for action with its probative analysis and compelling presentation. I recommend this book highly.

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